



# Sample LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> CHICKEN FAJITAS ON WHOLE GRAIN TORTILLAS TACO SAUCE STEAMED CORN SEASONAL FRUIT MILK	<b>3</b> BBQ CHICKEN SANDWICH ON A WHOLE GRAIN BUN BAKED BEANS COLESLAW SEASONAL FRUIT MILK	<b>4</b> HAMBURGER STROGANOFF OVER WHOLE GRAIN PASTA STEAMED CARROTS SEASONAL FRUIT MILK	<b>5</b> LASAGNA ROLL-UP WITH WHOLE GRAIN BREADSTICK ROMAINE WITH DRESSING CINNAMON APPLE SLICES MILK	<b>6</b> BRUNCH FOR LUNCH ☺ CHEESY OMELET WHOLE GRAIN PANCAKES WITH SYRUP RED DRAGON VEG JUICE STRAWBERRIES MILK
<b>9</b> CLASSIC HAMBURGER ON A WHOLE GRAIN BUN KETCHUP BAKED BEANS SEASONAL FRUIT MILK	<b>10</b> HARVEST CHICKEN SALAD WHOLE GRAIN PITA STEAMED VEGETABLE ASSORTED CRACKER SEASONAL FRUIT MILK	<b>11</b> OVEN ROASTED TURKEY WITH GRAVY WHOLE GRAIN BISCUIT MASHED POTATOES SEASONAL FRUIT MILK	<b>12</b> DOMINO'S CHEESE PIZZA ROMAINE WITH FRENCH DRESSING TROPICAL FRUIT SALAD MILK	<b>13</b> TERIYAKI CHICKEN WHOLE GRAIN BROWN RICE GREEN BEANS CHILLED PINEAPPLE MILK
<b>16</b> HERB ROASTED CHICKEN LEG ROASTED SWEET POTATOES WHOLE GRAIN BISCUIT SEASONAL FRUIT MILK	<b>17</b> CHEESEBURGER MAC GREEN BEANS SEASONAL FRUIT MILK	<b>18</b> GRILLED CHICKEN SALAD OVER ROMAINE WITH RANCH DRESSING WHOLE GRAIN BREADSTICK SEASONAL FRUIT MILK	<b>19</b> SLOPPY JOE SANDWICH BAKED BEANS SEASONAL FRUIT MILK	<b>20</b> BEAN AND CHEESE BURRITO WITH CREAMY TACO SAUCE STEAMED CORN SEASONAL FRUIT MILK
<b>23</b> CHICKEN TACOS ON WHOLE GRAIN TORTILLAS SHREDDED LETTUCE, SHREDDED CHEESE & TACO SAUCE SEASONED BEANS SEASONAL FRUIT MILK	<b>24</b> CLASSIC CHILI SHREDDED CHEDDAR CHEESE (1/2 OZ) BUTTERED NOODLES SEASONAL FRUIT MILK	<b>25</b> LOADED MASHED POTATO WITH DICED TURKEY HAM AND CHEDDAR CHEESE STEAMED BROCCOLI ASSORTED CRACKER FRESH PEAR MILK	<b>26</b> CHICKEN ALA KING WHOLE GRAIN BISCUIT STEAMED CARROTS SEASONAL FRUIT MILK	<b>27</b> LASAGNA ROLL-UP TOPPED WITH RED SAUCE WHOLE GRAIN BREADSTICK ROMAINE WITH DRESSING SEASONAL FRUIT MILK
<b>30</b> CLASSIC HAMBURGER ON A WHOLE GRAIN BUN WITH KETCHUP BAKED BEANS FRESH APPLE MILK	<b>31</b> SWEET AND SOUR CHICKEN WHOLE GRAIN BROWN RICE STEAMED BROCCOLI SEASONAL FRUIT MILK		<b>School Information:</b>	<b>MILK FOR CACFP'S:</b> <b>SKIM WHITE (2+ YEARS)</b> <b>WHOLE MILK (1-2 YEARS)</b>  <b>MENU SUBJECT TO CHANGE</b>

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