



Sample BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 YOGURT LEMON DINO CRACKER CRAISINS MILK	3 RICE KRISPIES CEREAL ASSORTED CRACKER APPLESAUCE CUP MILK	4 WHOLE GRAIN MUFFIN SEASONAL FRUIT MILK	5 DARLINGTON BREAKFAST BAR 100% FRUIT JUICE MILK	6 FRUIT AND OAT DELIGHT CHEESE STICK SEASONAL FRUIT MILK
9 WHOLE GRAIN BAGEL CREAM CHEESE SEASONAL FRUIT MILK	10 FROSTED MINI WHEATS APPLESAUCE CUP 100% FRUIT JUICE MILK	11 WHOLE GRAIN MUFFIN CHEESE STICK SEASONAL FRUIT MILK	12 STRAWBERRY WAFFLE GRAHAM YOGURT SEASONAL FRUIT MILK	13 MULTIGRAIN CHEERIOS ASSORTED CRACKER 100% FRUIT JUICE MILK
16 WHOLE GRAIN MUFFIN SEASONAL FRUIT MILK	17 MULTIGRAIN SHAPES CEREAL ASSORTED GRAHAM 100% FRUIT JUICE MILK	18 WHOLE GRAIN BREAKFAST BREAD SEASONAL FRUIT MILK	19 DARLINGTON BREAKFAST BAR APPLESAUCE CUP MILK	20 MAPLE WAFFLE GRAHAM YOGURT SEASONAL FRUIT MILK
23 FRUIT AND OAT DELIGHT CHEESE STICK SEASONAL FRUIT MILK	24 RICE CHEX APPLESAUCE 100% FRUIT JUICE MILK	25 WHOLE GRAIN BAGEL CREAM CHEESE BANANA MILK	26 CINNAMON TOAST CRUNCH SEASONAL FRUIT 100% FRUIT JUICE MILK	27 WHOLE GRAIN BREAKFAST BREAD SEASONAL FRUIT MILK
30 YOGURT LEMON DINO CRACKER CRAISINS MILK	31 RICE KRISPIES CEREAL ASSORTED CRACKER APPLESAUCE CUP MILK		<u>School Information:</u>	MILK FOR CACFP'S: SKIM WHITE (2+ YEARS) WHOLE MILK (1-2 YEARS) MENU SUBJECT TO CHANGE

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